



# BATH IYENGAR YOGA CENTRE

Monday		10.00 am - 11.30 am <b>Level 1/2</b> Kirsten		6.05 - 7.35 pm <b>Level 1</b> Kirsten	
Tuesday	8.30 am - 9.30 am <b>Pranayama</b> Richard	10.00 am - 12.00 pm <b>Level 4</b> Richard	1.00 - 3.00 pm <b>Yoga Therapy</b> Richard/Kirsten	6.15 - 8.15 pm <b>Level 2</b> Kirsten	
Wednesday		10.00 am - 12.00 pm <b>Level 3/4</b> Kirsten	3.00 - 4.30 pm <b>Gentle Yoga</b> Richard	6.15 - 8.15 pm <b>Level 3/4</b> Kirsten	
Thursday					
Friday				6.15 - 8.45 pm <b>Special Workshops</b> (see events timetable)	
Saturday	<b>Special events</b> (see events timetable)				
Sunday	<b>Special events</b> (see events timetable)				