



BATH IYENGAR YOGA CENTRE

Monday		10.00 - 11.30 am Level 1/2 Kirsten		6.15 - 7.30 pm Level 1 Kirsten	6.15 - 7.15 pm Yoga Sutras Study Group (approx. monthly)
		11.45 am - 1.15 pm Foundation Kirsten		6.00 - 7.30 pm Foundation Kirsten	6.30 - 8.30 pm Level 4 Richard
Tuesday	8.30 - 9.30 am Pranayama Richard	10.00 am - 12.00 pm Level 4 Richard	1.00 - 3.00 pm Yoga Therapy Richard & Kirsten	6.15 - 8.15 pm Level 2 Kirsten	
Wednesday		10.00 am - 12.00 pm Level 3/4 Kirsten	3.00 - 4.30 pm Gentle Yoga Kirsten	6.15 - 7.45 pm Foundation Richard	6.15 - 8.15 pm Level 3/4 Kirsten
Thursday				6.30 - 8.00 pm Level 1 Gabriele	7.00 - 9.00 pm Level 2 Lois
Friday		10.00 am - 12.00 pm Level 2/3 Lois		6.15 - 9.00 pm Special Workshops (See events timetable)	
Saturday	Teacher Training & Special Workshops (see events timetable)				
Sunday	Teacher Training & Special Workshops (see events timetable)				